

THE BOW-BALL BULLETIN

Information from the sharp end of our activities



Newsletter of Hawthorn Rowing Club

General enquiries: hrc@hawthornrc.inter.net.au

Captain: captain@hawthornrc.inter.net.au

Website: www.hawthornrc.inter.net.au

NO.128 - 4

MARCH 2005

HRC CONTACTS & WEBSITE:

Please note we have set up some general email addresses and online information for your convenience:

Email general enquiries: hrc@hawthornrc.inter.net.au

Email the Captain: captain@hawthornrc.inter.net.au

The website is about to undergo a major revamp, however in the meantime there are few features we wish to draw to your attention:

Wanting to know when events are on at the club or perhaps you want to come down and do an ergo and want to check there isn't a meeting scheduled. You can now view the [HRC Clubhouse Calendar](http://www.hawthornrc.inter.net.au/clubnews.html) at: www.hawthornrc.inter.net.au/clubnews.html

The full list of committee members for 2004/05 season can be viewed at: www.hawthornrc.inter.net.au/aboutus.html

NEW FEATURE ON WEBSITE **BOAT MAINTENANCE /** **DAMAGE NOTIFICATION:**

If you damage any boat or oar(s) there is now a form [online](http://www.hawthornrc.inter.net.au/onlinemaintenance.html) for you to fill in. For those who may still not be up with such technology please ensure you continue to contact the captain to make him aware. The website is: www.hawthornrc.inter.net.au/onlinemaintenance.html

PLEASE NOTE: When a boat is tagged as damaged it is not to be rowed, even if it looks like it can be. When something is found to be not quite right it should also be reported. There will be hard copies of damage forms left in the club house for those that don't have email/internet access. Suggest you note down what is wrong with equipment before you get home/or to work to fill out the online form.

THE YARRA & YOUR HEALTH

An update regarding the health of our river system: Despite the apparent improved condition of the river recently, it is advised that members continue to show precaution. After rowing, and washing the boats down, ensure you wash your hands.

If we're worried about dead eels, Peter Landy has had three bull sharks in the river up at Noosa recently, and he even stood on a stingray getting his single out of the water!

SOCIAL EVENTS:

We've had 2 great Twilight Club Races since the last BBB:

Thursday 31st January: winners were Marcus Presser, Mary McNeil, Stewart Martin, Jenny McKenzie and Tanya Newman as cox.

St Patrick's Day club races were equally as successful and included an occasion of grandfather racing against grandson (Jim Boston and grandson Ben), and a couple of members from YWCA. The winning crew consisted of Andrew Carson, Kate from YWCA, Alan Purton and Jim's grandson Ben, coxed by Rupe.



The Captain in the spirit of things with a Guinness Hat!

The cocktail party on Saturday 26th February was also well attended with a few tired bodies attending having raced at the Yarra Yarra regatta during the day.

REGATTAS:

Some well attended regattas by HRC have resulted in some great results and some first time competitors getting a row too!

Mid Summa Festival Regatta Sunday 13th February

5 competitors rowed their boats into the city in the morning, and returned later in the afternoon. The MN2x (Andrew Carson & Marcus Presser) had a win.

Yarra Yarra Regatta Saturday 26th February

15 competitors all entered in novice (sculls, doubles, pairs and fours) except for Tanya racing the Open Scull. We had some first time competitors: Hugh Thomson and Adrian Botta in a double race – well done for staying in the boat (they'd fallen out 2 or 3 times in the previous fortnight!). We had Gina and Amy join Fiona and Leanne to make a novice four, and Richard James raced for the first time, in a pair with Mark. Great day for all. Andrew and Marcus won the MN2x. Thanks to Denis Bourke for towing the trailer. Thanks to Andrew for being the BRO.

Footscray Regatta Saturday 12th March

10 competitors entered in novice and masters events. Alison worked hard in the heat and just missed out on a place in the final. The Beagles in a Masters Four were just pipped on the line by a younger fast finishing crew, and Andrew and Marcus were also just pipped on the line by a very fast finishing crew. All the women were winners – with all combining to race a Masters Four. The Four consisted of Fiona Hilbert (St), Tanya Newman (3), Alison O'Connor (2), Linda Forsyth (Bow) and Leanne O'Connor (cox). Thanks to Andrew for towing the trailer. Thanks Marcus for being the BRO.



The Women's Masters Four at Footscray

BOAT LIGHTS REMINDER:

The days are shorter again so here's your reminder: **It is YOUR responsibility to have a light of your own.** They can be purchased from Rowing Victoria or Rowbust. Between dusk and dawn you need a **WHITE FLASHING LIGHT** on your stern and a **WHITE (non-flashing) LIGHT** on your bow. **FINE is \$160**

National Championships Penrith, 12th & 13th March

While HRC was competing at Footscray's regatta, David Deeble as President of RV and Denis Bourke as the Doctor, were caught dressed up and "swanning around" at Penrith for the National Championships.



State Championships at Nagambie Sun 20th March

We had more spectators than rowers – putting the marquee to good use! Andrew and Marcus came 3rd in their Men's Novice Double Scull final, and Alison came 2nd in the final of the Novice Single Scull.



Andrew and Marcus



Alison

Well done to the three rowers who rowed extremely well against tough competition.

A note from the editor:

If you wish to offer information, suggestions or any other comments to be included in, or about the BBB please email hrc@hawthornrc.inter.net.au

New and improved reasons for attending regattas to support our rowers:

A NEW MARQUEE



Inaugurated at Footscray

BRO REMINDER

A reminder calling for requests for the membership to become BROs. Please be aware that as competitive members you will also be expected to volunteer some time performing this duty. You can become a BRO online at the RV website under Education and Training Link. If there is enough interest for those not driven by online functions, the club can arrange for a crash course one day if suitable numbers want to do this - we will need a minimum of 15 people and 3 weeks notice to RV. Please contact the Captain captain@hawthornrc.inter.net.au to register your interest.

UPCOMING REGATTAS:

Towing fees are to be determined and will vary from regatta to regatta, due to the number of competitors attending each regatta and the distance traveled. Contact Andrew on 0402 893 704 or email captain@hawthornrc.inter.net.au

Albert Park South Melbourne

Sat 16th April on Albert Park Lake
Entry fee: \$8.00 Entries due: 06/04/05

Melbourne Rowing Club Masters Regatta

Sat 30th April on the Yarra
Entry fee: \$10.00 Entries due: 20/04/05

Geelong Masters

Sat 7th May on the Barwon
Entry fee: \$8.50 Entries due: 27/04/05

State Masters

Sat 21st May at Carrum
Entry fee: \$12.00 Entries due: 11/05/05

Riverside RC Masters Sprint

Sat 21st May on the Torrens – South Australia
Entry fee: \$TBA Entries due: 04/05/05

Australian Masters Championships

Fri-Sun 3rd – 5th June at Rockhampton – Qld.
Entry fee: \$TBA Entries due: 03/04/05

Tri-state Masters

Sat-Sun 11th and 12th June at Wentworth – NSW
Entry fee: \$10.00 Entries due: 01/06/05

There is an expression of interest form attached this edition of BBB and hard copies are down at the club for ALL expressions of interest to race during the off season.

More information about regattas will be posted on the Competition board in the clubhouse as it comes to hand. Also note the Winter sculling series is due to commence in about May or June on the Yarra.

We have a number of Masters rowers interested in the 500metre short course regatta in SA on the 21st May. Interested rowers need to let the captain know and you also need to start organising accommodation and transport if you are planning to go.

BOAT ALLOCATION:

By the end of April, Andrew would like to get from all of the members that are interested in competing during the winter period in any of the competitions listed above, expressions of interest to enable him to arrange for tub sculls in the case of the winter sculling series, as well as towing, provision of BROs and other admin planning duties. The form to express your interest is attached to this copy of BBB and hard copies are available at the clubhouse. All new boats and racing shells will not be available unless expressions of interest forms are completed and a crew allocated to the boat.

MEMBER SAFETY AND RESPONSIBILITY:

The practice of rowing a coxed boat without a cox is one that should never happen. Coxed boats are what they are for a reason, to have someone present in the boat to steer a safe course for both the crew and other water users. Only under very special circumstances should a coxed boat be rowed without a cox being present, and the captain's approval should be sought prior to going out. If we all follow this simple rule you are less likely to come to grief, and the fleet is less likely to sustain damage.

Andrew Carson, Captain

HRC GETS DOWN AND DIRTY:

HRC did its bit for the environment recently by participating in **Clean Up Australia Day 2005**, on Sunday 6th of March.

The event was organized at the suggestion of Sue Botta and others at the HRC Half Yearly meeting, who decided that Christmas was well and truly over and that the Christmas decorations (i.e. the plastic bags) should really be taken down from the trees. Thanks to Alison O'Connor for her speedy organizing at such short notice.

A small but eager group, armed with gloves and bags to collect the rubbish scoured the banks of the Yarra with the simple mission to seek out and destroy rubbish! The true athletic nature of our members was on display, as they put life and limb at risk in the pursuit of plastic bags. (Special mention here goes to Sheridan Randall and his monkey like performance.)

We had other members out in the speed boats trying to reach the plastic bags from the water. I think it is fair to say that the volunteers never want to see a plastic bag again. They were everywhere, and they were well and truly wrapped around the trees. A strong wind won't be moving them any time soon. Other rubbish collected included chip packets, chocolate bar wrappers, plastic bottles. Some of the more unusual items include a table that was pulled from the river, a sleeping bag, and Chris de Guingand returned to the club with a tyre.

Our hard work was rewarded with a sausage sizzle organized by the social committee.

Special thanks goes to Parks Victoria for providing us with some tools to reach the rubbish, and to Xavier for the use of one of their speed boats.

Thank you to everyone that got involved at such short notice. We ended up collecting almost 20 bags of rubbish, and at least when we sit on the HRC balcony we now have a pristine view (except for the lone plastic bag we missed).

CLUB CLEANING ROSTER:

There are some notices on display around the Club indicating a new initiative to keep our Clubhouse trim & tidy. It asks all members who use the Club on a particular day of the week to spend 5 minutes to put in some cleaning - VERY LITTLE TO ASK. This roster will be rotated monthly and has started off this month (March) with the SUNDAY CLUB USERS. Thanking all members in anticipation of great results.



Monkey man Sheridan



Alison bringing back a bag filled with rubbish



The efforts of HRC

HEART RATE MONITORS:

Contact the captain captain@hawthornrc.inter.net.au if you are interested in purchasing a heart rate monitor. These are suitable for the young and old alike – and a way of monitoring your health and well-being. There are currently 6 members that have indicated interest, and if we can get 10 or more interested people there could be significant savings on the purchase price. For more information about the types of heart rate monitors available have a look at the Polar website in Australia -

<http://www.pursuit-performance.com.au/polar/>

GOSSIP & MEMBERS NEWS:

- Congratulations to Chris Parish and Belinda Goglia – expecting junior Parish in early-mid July
- Congratulations also to Davd Chin and his wife on the birth of their child on Mon 24 Jan, Samuel, weighing in at 10 ½ pounds
- Congratulations to Linda Forsyth – now engaged to Andrew Norwood.
- Congratulations to Gavin Hirst and Ruth on their wedding earlier in the year (*picture right*)
- Life member Laurie Malkin passed away at age 96 on 26th Jan. Laurie joined HRC in the early 1930s, rowed for HRC, was on the committee and for years acted as club auditor.
- Life member of Albert Park – South Melbourne rowing club, and rowing legend, **Jack Webster**, died in early February after being hit by a freight train. Brian Dalton spoke at the funeral mentioning Jack's sinking in the Vic Kings Cup crew in Tassie his first year of Vic representation. Brian also said Bob Tanner had been coached by Jack on horseback!



ALISONISMS:

And so this column in BBB returns... Been caught out with a bad tautology or just muddled words? Alison O'Connor has become the Queen of such verbal disasters, and so we provide as coined by Peter Landy - Alisonisms:

- **Alison** was trying to tie down a boat on the trailer at the recent Footscray regatta: "I need two arms"..... Realizing her mistake "I mean, I need an extra arm"!
- Many at the cocktail party were bemused by a "club cat" that had turned up that day, and was certainly enjoying the attention at the party. **Maureen Cizevskis** asked if it had been microwaved. Of course, we think she meant micro-chipped.
- And Peter Landy offers this: *A rower is lifting the four from the water and moans to the cox "that was absolutely my worst row ever!". To which the cox replied... "You mean you've actually rowed before?!"*

HEAD OF THE YARRA 2005:

Planning is currently underway for the 2005 Head of the Yarra – if you are interested in being involved in the management of and preparing for the event please contact Mal Coe: **Mobile:** 0419 905 562 or **E-mail:** hoyenq@hawthornrc.inter.net.au

And who is Mal Coe?

MEMBER PROFILE:

Malcolm Coe:

Head of the Yarra
Regatta Secretary

Nickname: Coey

Favourite food: Anything after getting home from the rowing club on the Sunday afternoon. Always hungry after a good row and a few beers.

Interests: Rowing, football and beers! (Very keen Sydney swans supporter - was a very keen South Melbourne supporter)

Profession: Accounting

Member of HRC since: 2002

Rowing History: Previously a member at Yarra Yarra and Power House. Born into a rowing family. I had to steer my older brothers else they would have beaten me up!

Rowing Status: Made it to Senior Sweep and Sculling, also been a coxswain and coach. Now predominantly rowing Masters Sweep.

Current Crew: Bow seat of Beagles - my view of everything going on is mostly obscured!

Rowing Goal: I'll settle for a couple of lucky wins a season.

Highest rowing achievement: Coach of Victorian Womens Four - 1989, only 2nd Kings Cup regatta ever cancelled (because of cyclone in WA)

Highest level of rowing: Lightweight Senior for many years

Highlight of rowing: Making the Finals of National Championship events a few times.

Lowlight of rowing: Getting bashed all of my rowing career by the likes of Peter Antonie and Simon Gillett.

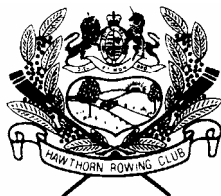
Funniest rowing moment: Can't beat watching beginner scullers falling out. Especially the point when they realise they can't rescue the situation and its irreversible. That moment where they give up and in they go! Never get tired of watching it.

Worst rowing moment: Losing the maiden eights for YYRC by steering them all around Albert Park Lake during the race. Then not calling ease-the-oar early enough when coming in. The bow of the 8 crunched into the concrete wall at the South Melbourne Rowing Club staging. The whole of the club, including my dad (the coach) just standing there in disbelief. not to mention my 2 brothers in the crew.

Comment on Beagles: We are getting faster and greater every year - but no-one will believe us!

And in conclusion.... I've had the time of my life, and I haven't finished yet.





HAWTHORN ROWING CLUB INC.

ESTABLISHED 1877

www.hawthornrc.inter.net.au

ISABELLA GROVE, PO BOX 75, HAWTHORN VIC. 3122

hrc@hawthornrc.inter.net.au

EXPRESSION OF INTEREST TO RACE 2005 Winter SEASON

NAME: (Given name/s) _____ (Family) _____

PHONE: Private: _____ Business _____ Mobile _____

EMAIL: _____

During the winter season I wish to: Row competitively and/or Be a coxswain at regattas

I am interested in the following regattas:

- | | | | |
|--|---|--------------------|-----------------------|
| <input type="checkbox"/> Winter Sculling Series | Roughly May – June, about 2 months of Saturday racing | Details TBC | |
| <input type="checkbox"/> Melbourne Rowing Club Masters Regatta | Sat 30 th April on the Yarra | Entry fee: \$10.00 | Entries due: 20/04/05 |
| <input type="checkbox"/> Geelong Masters | Sat 7 th May on the Barwon | Entry fee: \$8.50 | Entries due: 27/04/05 |
| <input type="checkbox"/> State Masters | Sat 21 st May at Carrum | Entry fee: \$12.00 | Entries due: 11/05/05 |
| <input type="checkbox"/> Riverside RC Masters Sprint | Sat 21 st May on the Torrens – South Australia | Entry fee: \$TBA | Entries due: 04/05/05 |
| <input type="checkbox"/> Australian Masters Championships | Fri-Sun 3 rd – 5 th June at Rockhampton – Qld. | Entry fee: \$TBA | Entries due: 03/04/05 |
| <input type="checkbox"/> Tri-state Masters | Sat-Sun 11 th and 12 th June at Wentworth – NSW | Entry fee: \$10.00 | Entries due: 01/06/05 |

To assist with boat allocations please indicate the class/es you are planning to race:

- | | |
|--|--|
| <input type="checkbox"/> Single scull | <input type="checkbox"/> Double scull |
| <input type="checkbox"/> Tub Pair (Novice / Masters Novice) | <input type="checkbox"/> Racing Pair (Intermediate / Open / Masters Open) |
| <input type="checkbox"/> Novice Four/Quad (including Novice Masters) | <input type="checkbox"/> Racing Four (Intermediate / Open / Masters Open) |
| <input type="checkbox"/> Eight (Novice / Masters Novice) | <input type="checkbox"/> Racing Eight (Intermediate / Open / Masters Open) |

I plan to train on the following days at the times listed (eg: Tues & Thurs 6am to 8am and Sun 3pm to 5pm)

Please return this form to Andrew Carson - captain@hawthornrc.inter.net.au
or drop in the box behind the bar at the clubhouse.