



THE BOW-BALL BULLETIN

Information from the sharp end of our activities

Newsletter of Hawthorn Rowing Club

General enquiries: hrc@hawthornrowingclub.com

Captain: captain@hawthornrowingclub.com

Website: www.hawthornrowingclub.com

Photos: <http://www.hawthornrowingclub.com/HRCPhotos.html>

NO.131 - 1

OCTOBER 2007

HAPPY BIRTHDAY HRC

Yes, another year has passed, and Hawthorn Rowing Club is yet another year older!

HRC HAS A NEW WEBSITE:

www.hawthornrowingclub.com

Please note HRC has recently changed it's provider, and with this came a change to the web address. Please "re"-bookmark any reference you may to make to www.hawthornrc.inter.net.au as this site is no longer in existence. The new address is www.hawthornrowingclub.com

This has also meant that email addresses have changed too – these are reflected at the top of this newsletter. Please also change any reference to these you may have in your email address books.

A BIG THANK-YOU

The new HRC Secretary has been writing and emailing a number of members whose contact details were believed to be incorrect. Andrew would like to say a big thank-you to the membership for supplying updated contact details. Within days there was a huge response from the emails and "snail" mail. This really does make his job easier in receiving this information so promptly. It will also ensure that all of the membership can be kept in touch with events and news about the club, and actually saves on wasted funds through mail outs to wrong address.

Once again. Thank-You, AC, Honorary Secretary

Many thanks also to those helpers at the working bee a few weeks ago to refit some of the beams for the racking downstairs; and to our Secretary for building and installing new noticeboards upstairs.

SUBS NOW DUE

Yes, another year has passed, and HRC subscriptions are now due. Please note the following, taken from the constitution:

13.3 The Committee may reduce or waive or defer the time for payment of the subscription of an individual member if in the opinion of the Committee circumstances are such that the member should not pay all or part of his subscription. Such member shall be deemed to be a financial member.

13.4 A member shall be deemed unfinancial if subject to the above he has not paid one half of his subscription by August 31st. and the balance by October 31st.

13.5 A member shall be deemed to have resigned his membership subject to the above if his subscription has not been paid by 31st December.



Head of the Yarra
Merchandise
New and Improved
Coming Soon !



GOOD SPORTS

HRC COMMITTEE

(* = Executive)

PRESIDENT Pat Freeland-Small*	
VICE-PRESIDENT Jim Boston	
CAPTAIN Josh Cannane*	
VICE-CAPTAIN Fiona Hilbert	
TREASURER Jim Breen*	
SECRETARY Andrew Carson*	
ASSISTANT SECRETARY Heidi Winnen	
COMMITTEE: Malcolm Coe David Coe Maureen Cizerskis Peter Halliday Neil Courtney	
IMMEDIATE PAST PRESIDENT Denis Bourke	



headoftheyarra.com

Head of the Yarra
Wine
Coming Soon

Date to be Advised
Order via the website only

HRC WORKING GROUPS / SUB COMMITTEES

	ROWING COMMITTEE (Chair: Josh Cannane)
	>> SELECTION COMMITTEE
	SOCIAL COMMITTEE (Chair: Maureen Cizerskis)
	CLUBHOUSE DEVELOPMENT (Chair: Pat Freeland-Small)
	HEAD OF THE YARRA (Chair: Malcolm Coe)
	MEMBERSHIP (Chair: Josh Cannane)
	MEDIA & COMMUNICATIONS (Chair: Pat Freeland-Small)
	>> PUBLICATIONS, BOW BALL & WEB Tanya Carson
	HOUSE COMMITTEE (Chair: Josh Cannane)
	RV DELEGATES Pat Freeland-Small Josh Cannane

YOUR CLUB NEEDS YOU!



GOOD SPORTS

EVENTS

A fabulous day was had by all who attended the Boat Christening and HRC Re-union on Sunday 12th August. The club christened two new racing sculls in recognition of service from two of our longest serving members – Geoff Code and Frank Dennis. Many thanks to the organizers of the reunion – largely from members in the 1960's, who remembered Frank and Geoff well!



A note from the editor: If you wish to offer information, suggestions or any other comments to be included in, or about the BBB please email hrc@hawthornrowingclub.com



Neil Cash has provided the following as some thoughts he felt he should have mentioned in his introduction of Geoff at the christening. Neil may feel very remiss he forgot these few things, however it is an opportunity for what many don't know about one of our old "codgers" to be shared.

Geoff Code joined the club in the 1940s and almost since that time has been involved on the executive of the club.

He has seen many presidents in his time, starting with V Barker- Hayes then Alan Bamford, Frank Dennis (for an extended period of time), Geoff then was elected president in 1983 and held that position until 1988. Stan Jeffery then took the Chair, and since Stan there have been David Deeble, Denis Bourke and now Pat Freeland-Small.

Prior to his stint as president, Geoff held the positions of Captain, 1950 until 1954; Secretary, 1982 till 1984; and as a vice president for many years. He has always been involved in the running of the club in these executive positions or on the general committee. Always carrying out his duties with diligence and efficiency.

Since the inception of the Head Of The Yarra Geoff worked very closely with Stan Jeffery (the instigator), and later with David Deeble with the organization and running of this famous event.

Remarkably, during most of these years with HRC he also similar positions on the executive of the Kew City Brass Band.

Geoff has been a tower of strength for both the HRC and the KCBB. He is a man with a tremendous capacity for work.

I was honoured to be asked to say a few words, at the christening of the "Geoff Code", about Geoff... I am honoured to have been a friend of Geoff for over 60 years, and I am sorry I was I was not able to say these things on the day....

Neil Cash



REGATTAS

Time trials – Sept & Oct at Carrum

Congratulations to Mez Moore, representing HRC at the time trials being conducted at Carrum. October was a particularly challenging “surf” day down at Carrum – well done!

UPCOMING REGATTAS

Bendigo Regatta: Sat 27th Oct

This regatta is less than 500 meters in length and not too dissimilar to what we would row in club races. It is a great regatta for those new to the sport and those who are after a sprint. So please consider this regatta and make a day of it considering Bendigo is really not that far away from Melbourne. Entries close Sunday 21st. Race fees are \$8per race. There will be a towing fee of \$5 per competitor to cover towing expenses. Boat loading is normally very early in the morning before the drive up and unloading is after we return which involves washing and rigging of the boats immediately before returning to the racks in the shed. Exact times will be advised after the closing time for entries.

However as this is the start of the season, and in order not to miss out entries will have to be receipted before Wednesday 17th October, as this will allow the club to ensure those not in the RV system to be so.

How to get your interest in rowing at Bendigo - please contact any of the following;

- Captain - Josh Cannane - 0416 129 194
- V. Captain - Fiona Hilbert - 0414 909 730
- Club Secretary - Andrew Carson - (H) 9819 3243
- Junior Squad Coach - Simon Spriggs - 0405 314 870

For those who are new to Regattas and would like to compete, please contact the Captain. We would like to enter as many people as we can so everyone can enjoy the season. Even if you are unable to compete you (and family and friends) are most welcome to join us at regattas and soak up the atmosphere.

Don't forget your subs - you will only be able to compete if you are a financial member! If you have not raced before (or not in the last 4 years), you will also have to supply a photocopy of your drivers licence, birth certificate or passport. RV will not enter new competitors (not raced in last 4 years) on their racing database until they have received a copy of this. All other competitors also need to supply this asap, but it is not as critical. Be sure to do this early.

Happy Training!!

HRC RUGBY TOPS

Thank you for those who have placed orders with Tanya. They have been ordered, and should arrive in the next week or two. She will contact you when they are available.

HEAD OF THE YARRA

YOUR CLUB NEEDS YOU!

To all friends and members of HRC

You are wanted and needed for Head of the Yarra. Please get in touch with Heidi Winnen on 9824 1025 or setco@ozemail.com.au ASAP to volunteer for a position

RESERVE THE DATE NOW!

BOOK IN YOUR ANNUAL LEAVE, SICK LEAVE, RDO, COMMUNITY DAY for FRIDAY 23rd NOVEMBER 2007.

VOLUNTEERS REQUIRED TO ASSIST WITH INFRASTRUCTURE SET UP FOR HEAD OF THE YARRA.

PLEASE DIARISE and MORE INFO WILL FOLLOW SOON.

HOY JOB VACANCY – AND NO ATTENDANCE AT MEETINGS REQUIRED!!

Assistance is still sought to oversee the HOTA Heroes Awards – in effect acknowledging those who have competed many, many times in Head of the Yarra. An application form has been created, and basically you will be required to manage all applications. If you are interested please contact Tanya Newman (9819 3243).



CALL TO MEMBERS TO DONATE TOWARD PURCHASE OF SCULLING BLADES & A QUAD FOR GENERAL MEMBERSHIP

Australian Sports Foundation (ASF) – HRC ROWING EQUIPMENT Project:

Would you like to make a tax deductible donation that could be used to help HRC? As you might be aware HRC has a project registered with the ASF to aid with the purchase of rowing equipment. We have set a goal of \$20k over three years.

Donors are able to make a voluntary donation to the ASF nominating the HRC Rowing Equipment project as their preferred beneficiary. All ASF grants received will be used to purchase rowing equipment. A donation can be made on the form available from our website at <http://www.hawthornrowingclub.com/Documents.html>

The donations and completed forms should be given to the captain or left to the attention of her in the tin behind the bar. Donations can be made by cheque, cash or credit card. Cheques should be made out to the Australian Sports Foundation. All unconditional donations of \$2 or more are tax deductible.

For further information on how to make a tax deductible donation or to have questions on this answered please contact the captain on email ---> captain@hawthornrowingclub.com

REMINDERS / ALERTS

Here's yet another reminder to ensure ALL club members are aware of the following.

- **BOAT USAGE / BOOKING BOATS:** Members are reminded to book the boats they intend to train in on the whiteboards at the bottom of the stairs. And before taking a boat out, ensure it is not already booked!
- **BOAT CARE:** Care of club equipment needs to be exercised at all times – ensure boats are washed (on the inside and the outside) after use.
- **BOAT LIGHTS:** It is YOUR responsibility to have a set of lights of your own. Between dusk and dawn you need **BOTH** a WHITE FLASHING LIGHT on your stern and a WHITE (non-flashing)

LIGHT on your bow. Lights are to be attached to the ends of the boat - not to rowers / coxswain. If you don't have lights and you're planning on being out on the water anytime between dusk and dawn – DON'T GO OUT.

- **IF A BOAT IS DAMAGED:** Boat damage can be reported online, www.hawthornrowingclub.com/onlinemaintenance.html or by filling in a hard copy form upstairs beside the cupboard under the TV. Completed forms can be pinned to the noticeboard closest (which includes Merchandise). **PLEASE NOTE:** When a boat is tagged as damaged **it is not to be rowed**, even if it looks like it could be.
- **TIDE TIP:** Check out this website to plan when you train! In the first field - select 'Melbourne (Williamstown)' then select the date you want; click 'submit'. In dropdown menu on next page click on 'River Yarra - Hawthorn' - and it tells you to add 25 mins to the times in the table (it does not change the table). <http://www.bom.gov.au/oceanography/tides/MAPS/melbourne.shtml>
- **ROWING SAFELY INCLUDING WHAT TO DO IN THE EVENT OF CAPSIZING:** RV has two safety documents that all club members should be familiar with: The Row Safe brochure provides general tips on safe rowing; The Capsize Manual provides a guide to management strategies for helping your crew recover from capsize. These documents can also be viewed and downloaded from the RV website www.rowingvictoria.asn.au
- **FOOTWEAR:** Please note **footwear is strongly recommended for all rowers** - not only do you not want any cuts on your feet getting infected from the Yarra water, but syringes have been found washed up on the jetty.
- **HELP KEEP JETTY SAFE:** There are brooms downstairs in the clubhouse for brushing down the landing. You may like to make use of these while waiting for your crew to turn up – it certainly warms you up ready for a row, and helps prevent you from slipping when putting the boat in or out of the water.

YARRA RIVER CLOSURES & EVENTS

DATE	TIME	EVENT DESCRIPTION	WATERWAY STATUS	LOCATION
NOVEMBER				
Saturday 17 th	8am - 2pm	The Melbourne Head Regatta	CLOSED RIVER	MacRobertsons Bridge to Princes Bridge
Saturday 24 th	7:30am - 1pm	Head of the Yarra	CLOSED RIVER	Princes Bridge to Bridge Road Bridge



GOOD SPORTS

Hawthorn Rowing Club

APPLIES FOR GOOD SPORTS LEVEL 2 ACCREDITATION

27 September 2007

The **Hawthorn Rowing Club** has an ongoing commitment to responsible alcohol management and is working towards Level 2 accreditation under the Australian Drug Foundation's Good Sports program.

The program provides leadership and support to community sports clubs throughout Australia to manage alcohol responsibly. It aims to help clubs become more viable by creating a safe and friendly environment whilst addressing their duty of care obligations in relation to alcohol consumption. It is the first nationwide alcohol management program of its kind.

As part of Level 2 accreditation, we will implement practices around responsible alcohol management including the development of transport strategies to ensure our members get home safely. Our facilities will be smoke-free and the emphasis for player awards, fundraising, prizes and functions will not be alcohol. Food will be provided when alcohol is served and we will sell a variety of low and non-alcoholic drinks. All our bar staff will be RSA trained.

We are confident our efforts will continue to improve the environment at **Hawthorn Rowing Club**. We are working to ensure the Club is a great place to participate and socialise for all members of our community.

The Club will be regularly monitored to ensure we comply with the program. It is the responsibility of all our members to make sure we do the right thing when drinking and enjoying ourselves.

The Good Sports program is run in **Victoria** by **Good Sports** and is supported by VicHealth, TAC, Department of Human Services and the Alcohol Education Rehabilitation Foundation.

For more information about the program contact **Joshua Cananne**.



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Ted Hale Racing Eight

Ted Hale Rowing this year celebrates 25 Years of boatbuilding. In that time, it would be true to say that we have become better known for our quality “small” boats - but in fact, we have been building Eights since 1988.

Our first eight ever built (a timber version - built from spruce, silver ash and cedar) ***was successful in winning the Brisbane Head of the River***, with Brisbane Boys College. There followed other successes in that same race - plus ***victory in the Sydney Head of the River*** with The Kings School in what at that time was our newly developed hull built from Carbon and honeycomb.

We have Eights in all states except W.A. - and our most recent success was victory in the Queensland Championship Men’s Open 8 in December 2006.

We have recently developed a ***new mould for our Eight*** - incorporating all the features of our very successful “small boat” design. In particular, our design is based on a relatively straight keel line (minimum “banana”) - thus ensuring that the bow of the boat does not “ride up”.

Our hulls ***are full carbon / honeycomb*** - with ***full length carbon keel*** (not present in boats from other manufacturers); substantial ***washboard flanges***; and ***“shell shoulders”***.

These features all provide an extremely ***strong and durable hull***, which is important - not just ***for racing***, but also to withstand the stresses applied during ***transport***. The hulls have ***excellent longitudinal and torsional stiffness*** - ensuring ***maximum transfer of effort*** into propulsion of the boat. ***Sealed bulkheads*** beneath the monocoque deck adds to this ***stiffness***, as well as providing required ***buoyancy*** in case of emergency situations resulting from swamping.

With the “shell shoulders” and wide washboard flange, we offer the ***option of our original Mark II rigging*** system - ***or*** our ***Bow-mounted Wing Riggers***. ***Fully adjustable footstretchers, with shoes*** - and optional ***single action*** or ***double action*** seats complete the package.