



THE BOW-BALL BULLETIN

Information from the sharp end of our activities

Newsletter of Hawthorn Rowing Club

General enquiries: hrc@hawthornrc.inter.net.au

Captain: captain@hawthornrc.inter.net.au

Website: www.hawthornrc.inter.net.au

Photos: <http://www.hawthornrc.inter.net.au/HRCPhotos.html>

NO.130 - 3

FEBRUARY 2007

PERSONAL FLOTATION

DEVICES UPDATE

The latest on the PFD requirements is that Rowing Victoria has put together a draft 'Safety Code' which was submitted to Marine Safety just prior to Christmas. It is in the process of being reviewed.

The Safety Code is proposed to replace the current requirement to wear PFD's and focuses on 'Duty of Care' from the perspective of Rowing Victoria, clubs, schools, coaches and rowers. This will involve clubs establishing formal documented systems (with the assistance of RV) in regards to safety of all rowers on and off the water. We are aware that many clubs already do have systems in place but many are not documented, which is what the Safety Code will address.

Once Marine Safety has reviewed the Safety Code RV will have more information on its implications for clubs and schools.

COXSWAIN COURSES

Rowing Victoria has a new Coxing Manual available as well as an education course – HRC hopes to host one soon and strongly encourages all members who are coxing in any capacity to attend. To register your interest in participating – and with a preferred time option (see below), please email captain@hawthornrc.inter.net.au

the good
COXSWAIN

**Coxswain Education Courses have
LAUNCHED!!**

**Presenters available during the day Monday - Friday,
evenings Tuesday and Wednesday.**

BOAT DAMAGE

How many times do we have to remind club members, that when a boat is marked Damaged / Do not Use, that is exactly what it means?

Please note, that although sometimes it may appear a boat has been repaired (eg, the bow ball is back on a boat), there may have been glue or fiberglass curing times to optimise the efficiency of the repair work. Being impatient and showing disrespect for club equipment by taking the boat out before it is completely repaired is costing the club additional money, by, in some cases, having to redo the work. It also means the boat is out of action for longer than necessary too.

And a reminder: if you discover a boat is damaged or indeed you or your crew are involved in an incident that causes some damage to boat equipment (oars included), please report it to the club. There is a form online for you to complete, www.hawthornrc.inter.net.au/onlinemaintenance.html or a hard copy form upstairs beside the cupboard under the TV. Completed forms can be pinned to the noticeboard closest (which includes Merchandise).

HRC MERCHANDISE

We recently had some rugby tops made in HRC colours, logo embroidered on the front and Hawthorn printed under the collar. All are sold, however orders are being taken for more. Sizing is as follows:

Female:	Male:
XXS (size 8)	XS (50kg)
XS (size 10)	S (60kg)
S (size 12)	M (70kg)
M (size 14)	L (80kg)
L (size 16)	XL (90kg)
XL (size 18)	XXL (100kg), XXXL (110kg)

Also, an order for other HRC Merchandise may be placed in the coming months, including zooties and training singlets. Please contact Fiona by end of Feb to place your order. Orders will be placed subject to quantities and payment being received.

REGATTAS

Ruthergeln Regatta: Sat 13th and Sun 14th Jan

We have all made it back from Rutherglen safe and sound, with luggage a little heavier than when we left!

Hawthorn had a very successful weekend with 12 wins over the two days, including :

Male Masters Four (Sat)
 Male Masters Single (Sat & Sun)
 Male A Single (Sat & Sun)
 Female D Eight (Sat & Sun)
 Female D Four (Sat & Sun)
 Male Masters Double (Sun)
 Male D Quad (Sun)
 Male D Four (Sun)

Shane O'Connor-Smith was unbeaten in his single for the weekend and for the Regatta Virgins - they did particularly well also!



Joel, Josh, Pat and Alan rigging.



The Pink-alots, Jenny, Monica, Prue, Mary and Anthea (cox) – after racing.



Alan and Josh get lost in the reeds in the coxless pair - must have been the bush fire haze!

UPCOMING REGATTAS

So that we have the taste for Hardware (in the shape of a very nice glass Beer Mug !) lets see what is happening in the next couple of months to add to the Trophy Cabinet...

Geelong Regatta - 4th February 2007 (at Barwon)

Albert Park Lake Training Session - 10 February 2007 (7am at HRC, back by 12 noon). The squad training for State Champs will be going – others welcome. Let the captain know if interested.

Yarra Yarra - 11 February 2007 - Great Regatta to ease yourself into - only 400 metres!! (on the Yarra)

Victorian State Championships - 25 February 2007 (at Nagambie) If not racing, please come and support our club.

Footscray Saltwater Regatta - 24 March 2007 (on the Maribynong)

Mildura / Wentworth - Easter Weekend - 7 - 8 April 2007 (to be held at Wentworth)

The presets are available on the Rowing Victoria Website as well as available on the wall at the Club. For those who are considering, please contact the captain - she would like your entries in as soon as possible, as she does not always have access to the internet!

For those who are new to Regattas and would like to compete, please contact the Captain. We would like to enter as many people as we can so everyone can enjoy the regatta season. Even if you are unable to compete you (and family and friends) are most welcome to join us at regattas and soak up the atmosphere.

Don't forget your subs - you will only be able to compete if you are a financial member! If you have not raced before, you will also have to supply a photocopy of your drivers licence, birth certificate or passport. RV will not enter new competitors (not raced in last 3 years) on their racing database until they have received a copy of this. All other competitors also need to supply this asap, but it is not as critical.

Happy Training!!

YARRA RIVER NEWS

RV has issued a warning to rowers using the Yarra River to be aware of objects being thrown off bridges. There have been a couple of incidents lately of pedestrians throwing things off the bridge towards rowers. If you witness any of this happening please report it to Parks Victoria.

(This, presumably, has been occurring in the city, however HRC members are to be cautious too).

YARRA RIVER CLOSURES & EVENTS

TREE HAZZARD IN HAWTHORN STRAIGHT

There is still a tree collapsed in Hawthorn Straight, near the Hawthorn rail bridge. See map below for details. We are awaiting Parks Victoria to arrange to have it removed.



REMINDERS / ALERTS

Here's yet another reminder to ensure ALL club members are aware of the following.

- **BOAT USAGE / BOOKING BOATS:** Members are reminded to book the boats they intend to train in on the whiteboards at the bottom of the stairs. And before taking a boat out, ensure it is not already booked!
- **BOAT CARE:** Care of club equipment needs to be exercised at all times – ensure boats are washed (on the inside and the outside) after use.
- **BOAT LIGHTS:** It is YOUR responsibility to have a set of lights of your own. Between dusk and dawn you need **BOTH** a **WHITE FLASHING LIGHT** on your **stern** and a **WHITE (non-flashing) LIGHT** on your **bow**. **Lights are to be attached to the ends of the boat - not to rowers / coxswain.** If you don't have lights and you're planning on being out on the water anytime between dusk and dawn – **DON'T GO OUT.**
- **IF A BOAT IS DAMAGED:** Boat damage can be reported online, www.hawthornrc.inter.net.au/onlinemaintenance.html or by filling in a hard copy form upstairs beside the cupboard under the TV. Completed forms can be pinned to the noticeboard closest (which includes Merchandise). **PLEASE NOTE:** When a boat is tagged as damaged it is **not to be rowed**, even if it looks like it could be.
- **ROWING SAFELY INCLUDING WHAT TO DO IN THE EVENT OF CAPSIZING:** RV has two safety documents that all club members should be familiar with: The Row Safe brochure provides general tips on safe rowing; The Capsize Manual provides a guide to management strategies for helping your crew recover from capsize. These documents can also be viewed and downloaded from the RV website www.rowingvictoria.asn.au
- **FOOTWEAR:** Please note **footwear is strongly recommended for all rowers** - not only do you not want any cuts on your feet getting infected from the Yarra water, but syringes have been found washed up on the jetty.
- **HELP KEEP JETTY SAFE:** There are brooms downstairs in the clubhouse for brushing down the landing. You may like to make use of these while waiting for your crew to turn up – it certainly warms you up ready for a row, and helps prevent you from slipping when putting the boat in or out of the water.

AUSTRALIAN SPORTS FOUNDATION (ASF) – HRC ROWING EQUIPMENT PROJECT

Would you like to make a tax deductible donation that could be used to help HRC? As you might be aware HRC has a project registered with the ASF to aid with the purchase of rowing equipment. We have set a goal of \$20k over three years, and we have to date almost realised a total of \$8000.

Donors are able to make a voluntary donation to the ASF nominating the HRC Rowing Equipment project as their preferred beneficiary. All ASF grants received will be used to purchase rowing equipment. A donation can be made on the form available from our website at <http://www.hawthornrc.inter.net.au/Documents.html>

The donations and completed forms should be given to the captain or left to the attention of her in the tin behind the bar. Donations can be made by cheque, cash or credit card. Cheques should be made out to the Australian Sports Foundation. All unconditional donations of \$2 or more are tax deductible.

For further information on how to make a tax deductible donation or to have questions on this answered please contact the captain on email ---> captain@hawthornrc.inter.net.au

CLUB EVENTS

Submitted as a letter to the editor:

Congratulations to the organisers of the recent Twilight Club Races (*prior to Christmas*). The event was a resounding success with participation by a wide variety of HRC members. Special thanks to Sue and her helpers for providing a bounteous and lavish supper to follow.

Hopefully we will have many such events in the future

Yours sincerely

Satisfied Club Races Contributor

Congratulations to the winning crew: Shane O'Connor-Smith (Str), Alan Purton, John Dore and Marc Alexander with Emma as cox.

UPCOMING EVENTS

Training session on Albert Park Lake

Practice rowing on lake water, and quite different conditions to the sheltered Yarra river! Some HRC boats will be being taken, others borrowed from APSM. 7am at HRC boatshed to load trailer, back by 12 noon. Contact Captain if interested in attending, so boats can be arranged.

HRC MEMBER PROFILE:

Emma Herschell

Nickname: Toasty

Favourite food:
Chocolate

Current Profession:
Kept Woman (*Student*)

Member of HRC since: about July 2005

What made you join HRC &/or take up rowing: To get better at rowing.

Previous club membership: Melbourne Girls' College

Rowing Status: Novice rower and sculler, HRC coxswain of the season 2005/06

Current Crew: Tanya's squad rowing and coxing and I also cox the Bad Beagle Boys. PS thanks for the "Boony" Bruce.

Your relationship to the Beagles: I am their cox and have gone through many psychological barriers being their cox and have had extensive counselling. This is costing so much many that I have had come out of retirement and get a job to pay for it. I am grateful though as they have put me off alcohol for life. *Editor's note - was Rutherglen an exemption or a reminder???*

Rowing Goal: Win more races rowing than I won last year (which was none). I have already achieved this goal and can't think of another one.

Highest rowing achievement (include year): Winning my first race. Yay it was all me...

Editor's note – Emma is the only person I know who has won a (sculling) race without even being in the final! At Mildura last year they announced she had won the FE1x, so being the dutiful Emma that she is, she went up and accepted her prize.

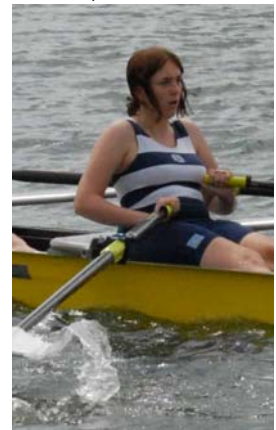
Highlight of rowing: Winning. I'm the biggest pot hunter even though I have never won a pot.

Lowlight of rowing: The mornings - I really need my beauty sleep.

Funniest rowing moment: Coxing the MD2+ at Mildura last year when Ed stripped off his pants in the boat during our final and we still won!!

Worst rowing moment: When Ed stripped in the boat

Emma is on the HRC Committee this season.



ALISONISMS

- Congratulations to **Jacqui Hempel** on finding a car similar to her own unlocked after HOY. Jacqui got into the wrong car and thought she had been robbed because none of her stuff was in the car. Then she looked up and saw her car parked in front!
- Fulfilling HRC's commitment as a BRO at Rutherglen as marshal at the launching point, **Peter Wilson** asked the HRC "I" Four (75+) to provide details of pre-paid funeral plans and wished the crew well hoping that all survived the race.
- **Rutherglen commentator** called Hugh Thomson in a tub single as "lifting and putting in a good work ethic... er, good work effort" toward the end of his race.
- On seeing the Men's Masters Double Scull (Category 70+) at Rutherglen, the starters being three ancient HRC crews, **Peter Wilson** was heard to describe the race as a "stately procession".

GOSSIP & MEMBERS NEWS

- It is with great delight that **Nick and Jess Bonnett** announce the arrival of their daughter Zoe Annabelle, born on Friday 15th December 2006 at 8.37pm at Jessie Mac Pherson Private 3.85kg (8lb 8oz), 51 cm long



- The Masters 2x at Rutherglen marked the final appearance in competition of **Chris de Guingand**, **David Deeble** and **Denis Bourke**. Rupe is undecided!! Congratulations and well done over the years to these gentlemen.
- There has been growing speculation over whether the death of **Beagles** rowing is certified. However "beware the hibernating bear!" – I don't think such a mischievous lot can go down so easily nor so quietly!

- **Bruce Dickson** passed away on December 13th after a long illness. Bruce was a life member of APSM who spent many years serving the club as President, Vice President, Captain and Committeeman. As a rower he represented Australia with Bob Duncan in the coxed pair at the 1956 Olympics (photo below). He was part of the Albert Park RC premiership in the mid 50's when the club had only 5 senior competitors (Don Christie was also one of them).

Bruce was a member at HRC during the 1990s rowing regularly with Wed night gang and competing in Masters events. He was a much respected figure who helped out at HRC in his capacity as electrician, he was an expert in red wine and hosted a number of weekends for the oldies at his Eildon house.

Bruce will be sadly missed by all who knew him, and our thoughts are with his wife Joyce and children Christine, Joanne and Peter at this time.



Men's Coxed Pair

Eliminated in semi-final. Robert B Duncan (VIC) (bow) & Bruce D Dickson (VIC) (str).

- **Noel Clark** was an active member of the rowing community (Powerhouse and Scotch College) both in a competitive and officiating capacity. He passed away on December 26th after a short but fierce battle with cancer. His daughter, Lynda, was a member of HRC during the 1990's and early 2000's.
- Congratulations to HRC's immediate past president and life member **David Deeble** who was awarded the Rowing Australia Volunteer of the Year Award recently.

A note from the editor: If you wish to offer information, suggestions or any other comments to be included in, or about the BBB please email hrc@hawthornrc.inter.net.au

If you currently receive your copy of BBB via Australia Post, and you have now technologically advanced to using email comfortably, you may wish to consider receiving your copy by email. Try sending an email to hrc@hawthornrc.inter.net.au to request BBB by email.