

THE BOW-BALL BULLETIN



Information from the sharp end of our activities

Newsletter of Hawthorn Rowing Club

General enquiries: hrc@hawthornrc.inter.net.au

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Website: www.hawthornrc.inter.net.au

NO.129 - 1

AUGUST 2005

HRC COMMITTEE 2005/06

Congratulations to the newly elected committee for the coming season:

- ▶ President: **Denis Bourke**
- ▶ Senior Vice President: **Fiona Hilbert**
- ▶ Vice Presidents: **Pat Freeland-Small, Greg van Prooyen, Tanya Newman, and Malcolm Coe**
- ▶ Captain: **Andrew Carson**
- ▶ Vice Captain: **Marcus Presser**
- ▶ Honorary Secretary: **Alison O'Connor**
- ▶ Honorary Treasurer: **Jim Boston**
- ▶ Committee: **Ron McPhail, Josh Cannane, Sue Botta, David Chin, Linda Forsyth, and Marc Alexander**
- ▶ Immediate Past President: **David Deeble**

HRC AWARDS 2004/05

Club Awards for the 2004/05 season were presented at the AGM to the following people:

- ▶ Club Rower of the Year: **Marcus Presser**
- ▶ Most Improved Rower of the Year: **Andrew Carson**
- ▶ Coxswain of the Year: **Frances Courtney, Linda Forsyth, Tanya Newman and Leanne O'Connor**
- ▶ Masters Rower of the Year: **Tanya Newman**
- ▶ Club Person of the Year: **Fiona Hilbert**

There was also an award in recognition for the support provided at regattas by competitive members' friends and family. Spectator of the year was given to **Andrew Norwood**.

Congratulations to all!

HRC CONTACTS & WEBSITE:

Please note we have set up some general email addresses and online information for your convenience:

Email general enquiries: hrc@hawthornrc.inter.net.au

Email the Captain: captain@hawthornrc.inter.net.au

The website has had a face lift – we hope you find it easy to navigate your way around and find the information you need: www.hawthornrc.inter.net.au

GOSSIP & MEMBERS NEWS:

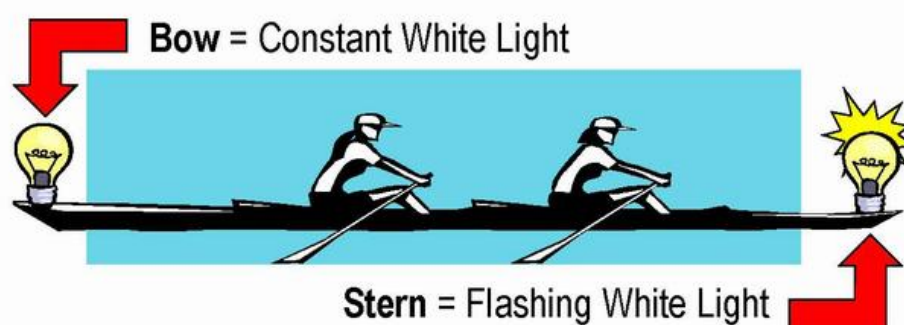
- Congratulations to **Belinda Goglia** and **Chris Parish** on the birth of their daughter.
- Happy birthday to **Neil Cash** who recently turned 76 and drove down from Castlemaine just to shout the bar!
- Rowing Victoria wishes to advise the Rowing Community that **Jack Bennett**, a Life Member of Banks Rowing Club and past manager of Australian and Victorian crews passed away on Friday July 8th, 2005 after a long period of illness. Gini Webb had been coached by him when she rowed for Victoria in 2001, and Tanya was coached by him twice, in 1997 and 1998, when she also represented Victoria.
- Talking about state representation and the like, it was let slip recently that **Marcus Presser** (as a teenager), competed in the State Champs for Lawn Bowls!
- Congratulations to **Julie McNamara's daughter Alice** who won bronze in the FLW2x at the Under 23 World Championships. Alice rows for MUBC.

A note from the editor:

If you wish to offer information, suggestions or any other comments to be included in, or about the BBB please email hrc@hawthornrc.inter.net.au

Are you visible?

boat lights are **REQUIRED BY LAW**
and must be **AFFIXED** to your **BOAT** between
SUNSET & SUNRISE every day



Do **NOT** attach lights to riggers, hats, pony tails, anywhere on a rower or cox
NO RED LIGHTS
NO ORANGE LIGHTS

Available from: www.rowingboatlights.com Rowbust

Tip:
Fasten your small light with blutak or tape to a dry hull



BOAT LIGHTS REMINDER:

The days are shorter again so here's your reminder: It is **YOUR** responsibility to have a light of **your own**. They can be purchased from Rowing Victoria or Rowbust. Between dusk and dawn you need a **WHITE FLASHING LIGHT** on your stern and a **WHITE** (non-flashing) **LIGHT** on your bow.

FINE is \$160

See note about the HRC Boat Light Challenge on p4.

BOAT MAINTENANCE / DAMAGE NOTIFICATION:

If you damage any boat or oar(s) there is now a form online for you to fill in. For those who may still not be up with such technology please ensure you continue to contact the captain to make him aware. The website is: www.hawthornrc.inter.net.au/onlinemaintenance.html

PLEASE NOTE: When a boat is tagged as damaged it is not to be rowed, even if it looks like it can be. When something is found to be not quite right it should also be reported. There will be hard copies of damage forms left in the club house for those that don't have email/internet access. Suggest you note down what is wrong with equipment before you get home/or to work to fill out the online form.

REGATTAS:

Some well attended regattas by a good mixture of HRC club members has finished off the season!

Riverside RC Masters Sprint Regatta

Saturday 18th June on the Torrens – South Australia

Alison O'Connor, Fiona Hilbert, Linda Forsyth, Tanya Newman, Rupe Horsburg, Donn Gibb and brother Graeme Gibb from Queensland plus a couple of spectators made up the HRC contingent at this regatta. And everyone was a winner including HRC spectator Andrew Norwood who was given a trophy just for being there! Despite being a gruesomely cold, wet, hailing day (akin to Footscray's winter regatta last year) we had some wins before the regatta was cancelled at lunchtime:

- ▶ **WM8+** : Alison, Tanya, Fiona and Linda combined with a Riverside 4 to have a great row in an eight.
- ▶ **WM4+**: Alison O'Connor, Tanya Newman, Fiona Hilbert and Linda Forsyth coxed by Riverside
- ▶ **WM1x**: Tanya Newman
- ▶ **MM2x**: Rupe Horsburgh with his Riverside mate were lucky to win following a bit of a collision on the finish line



Rupe & Bob Bradley after winning



HRC – Riverside Women's Eight well out in front.

All the HRC members combined to make a mixed eight, with an extra Riverside male rower and cox, however the SA crews were too well rehearsed for us!

Winter Sculling Series

A great display of HRC on the water. In the 500 metre sprint round robin Andrew Carson finished 2nd place in the final of the tub boats with Richard James in third place. Tanya Newman finished in 2nd place in the final of the women's racing boats.

We had up to 9 scullers racing in the 6 week handicap series that followed. Congratulations to Pat Freeland-Small (racing boat), and Marcus Presser and Richard James (tub boats) who made it in the top 8.

The Head of the Maribryngong (racing in effect from Essendon to Footscray) was also a great day, with only Pat, Alison and Richard competing. Pat finished 8th, Richard 5th. and Alison 12th (in their respective class of boat)



Pat and Richard waiting for the start at Head of the Maribryngong

NEWS FROM ROWING VIC

Rowing Victoria is pleased to announce *The Rowing Victoria Score* (RVS). This new competition system will make it's debut at the Bendigo Regatta, on Oct 22.

Rowers will now compete within grades ranging from E through A, allowing rowers of all abilities to compete in any grade-as long as the crew score average fits within the grade range! That means no more Novice, Intermediate and Senior race categories.

The new system is set to promote life-long participation across a fair competition structure.

In conjunction with the RVS, a new online system is being constructed to manage this-ROMS, Regatta Online Management System. A National program set to host all data of every rower within Australia.

How does it impact on you?

Each Rower has had an RVS calculated based on their competition history in recent years. Your RVS will determine which grade you are eligible to compete, i.e. A grade, B grade, C grade, D grade or E grade.

To find out your score, and to read the RVS Q & A information sheet, visit the RV website, <http://www.rowingvictoria.asn.au/>

UPCOMING REGATTAS:

Details of the upcoming season and regattas to be targeted by HRC is now on the website:

<http://www.hawthornrc.inter.net.au/HRCRegattas.html>

Towing fees are to be determined and will vary from regatta to regatta, due to the number of competitors attending each regatta and the distance traveled.

Contact Andrew on 0402 893 704 or email

captain@hawthornrc.inter.net.au

Saltwater Challenge

Sat 10th September on the Maribyrnong at Essendon

For quad scull entries only

Entry fee: \$40 per boat

Entries due: 31/08/05

Murray River Rowathon

Sat 1st October on Murray Rlver

Entry fee: \$20.00 per rower and coxswain

Entries due: 01/09/05

This event is open to all types of rowing boats and covers 94km in a day, rowing from Boundary Bend to Robinvale. Check out the Rowathon website:

http://www.geocities.com/roger_boyce

You personally don't have to row the whole distance – you can relay it as there are stops for morning tea, lunch and afternoon tea where crew changes can easily occur. The scenery is great too!

Contact Andrew ASAP if you are interested in this event as this takes quite a bit of preparation and organising, and there are city clubs looking for additional rowers.

OTHER BOAT & ROWING NEWS:

TRAINING ROW ON ALBERT PARK LAKE

Many thanks to Albert Park – South Melbourne Rowing Club for opening their club up to HRC members to enable us to have a row and lunch at Albert Park Lake last Saturday, 6th August.

It was good practice for Scottish conditions for the Male Masters Eight, and we also had the younger Women's Masters Four on the water, as well as a quad and double. We had a few members come down to watch the spectacle too which was great.

The Women's Four put a challenge to the Men's Eight to race 750 metres. The Double (Marcus and Andrew) joined in too. With no handicaps, the double got away to a good start, the "girlies" rowed through, but at the end of the day it was the "grumpy old bastards" in the eight who won. Although the earlier training had been in quite good conditions, the piece was in true feisty

Albert Park Lake weather! The four and double did claim later that they were just helping build confidence in the Men's 8 crew by letting them win!



Clean blade work on the Lake!

See through water at the Lake (unlike the Yarra)!



The Eight and the four out on the water at Albert Park.



Jim Boston took the full brunt of the toss of the boat, wearing just about every litre of water that had collected in the boat!

All those who attended, and especially those who had a row thought it was well worth the effort. It is possible we may make this an annual event, if not fit in an extra training row on the lake during the season.

WANTING A ROW?

On the competition notice-board is a sheet for members to register their interest to row – ideal for those whose crew may have fallen apart a little during these cooler winter months, or for members looking for additional rows with other members. The sheet is for members to write their name, contact details and preferred time to row, and for other members who are interested to contact the members directly.

ROWING DEVELOPMENT

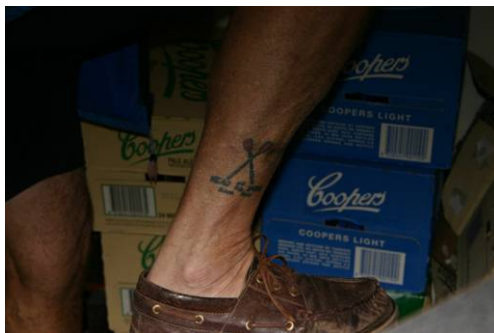
Due to the influx of members out of the corporate rowing program, a development group has been established to integrate the new members into our Club. In the past, graduates of the corporate program that have become members have not been fully supported in further developing their rowing. The aim of the development group is to pool new and existing members back into one body to maximize time on the water and coaching. This also ensures that each member of HRC has equal access to training and facilities, and is aware of the procedures that exist in and around the club.

The development group is training on Thursday nights at 6pm. We would like to invite all members that are interested in training or helping out to drop down to the club during this time. We also ask for your cooperation with building up squads as these new members are integrated into the club.

HEAD OF THE YARRA

Planning is currently underway for the 2005 Head of the Yarra – if you are interested in being involved in the management of and preparing for the event please contact Mal Coe: **Mobile:** 0419 905 562 or **E-mail:** hoyenq@hawthornrc.inter.net.au

Incidentally, there was a guy at Riverside who had a tattoo for Head of the Yarra, with the years he has competed!



ALISONISMS:

- Winter Sculling Series Week 3: A trailer load of 4 boats leaves HRC to head down to the city clubs. But only one boat raced. Why? Well one scull got damaged by a street pole that was in the way as the trailer was about to do the final swing up on to the lawns. 1 sculler put their oar in with the gate facing the wrong way and couldn't work out why the oar kept knifing in. And one sculler had put the riggers on the wrong side of the boat and once identified the problem (after getting on the water) and rerigged had missed the start.
- **Ben Rodan**, when asked what the bribe was for giving up Wednesday nights and Saturday mornings to cox his granddad and mates – "Nothing, just a trip to Glasgow"!
- At Albert Park Lake, coxswain **Emma Herschell** squealed down the speaker system about getting wet. She ordered the crew to row a bit cleaner so she didn't have to get wet – but you're not that bad she added. Later in the row there was so much water in the boat she claimed she was sitting in a bath!

HRC COMMUNITY SERVICE:

While many of us were training down at Albert Park Lake, the partners of two of our members were busy raising awareness for the Hawthorn Community Chest. It involved spending a couple of hours walking with Barry the Guide Dog around Glenferrie Road handing out balloons and leaflets and talking to people about the Hawthorn Community Chest.



Thanks to Roxanne James and Cherie Dixon for donning some HRC clothing and helping out.

Please note we are raising awareness of our community involvement with a special link on the HRC website. Visit <http://www.hawthornrc.inter.net.au/HRCCommunity.html> for details of what we've been doing. The Hawthorn Community Chest event will be added soon.

SOCIAL EVENTS:

Recent events have included the Club Trivia night in early June and the AGM in July, and some club races at the end of July. These were well attended. Thanks to all who helped set up and to Sue and her team for providing the food.

Upcoming Events

CLUB TALENT NIGHT

Saturday 13th August - 7pm
THIS SATURDAY NIGHT!!!!

Skits, songs and lots of fun. It's not too late to enter your skit / act now! If you require an accompanist this can also be arranged.

This is also an opportunity for the club to farewell it's contingent of Masters rowers racing at Strathclyde.

7pm for a 7.30pm start. \$15 a head including supper (only \$10 if you perform on the night). NB: Boat Light Challenge entry does not constitute 'performing on the night'.

Make sure you RSVP your attendance AND your "item" (and request accompanist if required) to Sue Botta: 9853 7236

THE HRC BOAT LIGHT CHALLENGE has now begun! DESIGN YOUR OWN BOAT LIGHT!

CRITERIA TO BE CONSIDERED:

- ▶ **Creative Design**
- ▶ **Cost Effectiveness**
- ▶ **Functionability:** its lighting capability, ability to float, weight, size, and ease of use.

Your working light must be submitted before 7.15pm at the Talent Night on Saturday 13th August with your name and an estimated parts cost. You may submit a bow, stern or set of lights.

Winners will be announced at the Talent Night.

NB: There are no engineers on the panel of judges!

CREW PROFILE:

"LOOK OUT SCOTLAND – HERE'S THE G8!"



G8 members: Neil, Jim, Duncan, David, Don, Denis, Derek, Chris, and Greg with Ben in front.

They thought they'd held the G8 Summit in Scotland in July, but wait, HRC has a G8 going to Scotland in September! Some Hawthorn Rowing Club members are currently training for the FISA World Masters to be held at Strathclyde, Glasgow, Scotland from 8th –11th September 2005.

Training commenced in March with Greg van Prooyen appointed as coach. Totally ignoring the old saying about "teaching old dogs new tricks" Greg has taken the crew back to basics in an effort to eliminate the bad habits accumulated over many years.

As well as the eight there will be entries in fours, a quad, doubles and pairs.

Members of the Male Masters Eight (G) – hence the G8 – are: Neil Courtney, Derek Fern, Chris de Guingand, Jim Boston, Duncan McGeachie, David Deeble, Don Gibb and Denis Bourke. Unfortunately Fergus McPherson and Don Hume who had been training with the crew have had to pull out. For Chris and Denis this will be their second FISA Masters having previously competed at Seville (1999). Derek Fern is a member of Swan Rowing Club in Perth, currently working in Melbourne. He will also be rowing in a Mixed I 2X with a lady from Swan who is aged 83!

Early on Rupe Horsburgh was very generous with his time in steering the crew. Since then Jim's grandson Ben has taken to the task with great enthusiasm, and will be coxing the boys in Scotland too.

A farewell to the group is planned as part of the Talent Night THIS SATURDAY NIGHT, 13th August.